

CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center
(859) 572-4300

3504 Alexandria Pike
Highland Heights, KY 41076

Wellness Center
(859) 547-3665

OCTOBER 2025

(859) 572-4300

* Registration required and/or payment due

Mon	Tue	Wed	Thu	Fri
<u>Every Monday</u> Exercise Equipment Computer/Library Pacesetters 9:30 Fit Friends 9:30 Pinochle 9:30 WOW* 10:00 Canasta Hand & Foot 11:00 Wii Bowling 12:00 Nickels 1:30 Choga*	<u>Every Tuesday</u> Exercise Equipment Computer / Library Pacesetters 9:30 Line Dancing 9:30 Poker 10:15 Line Dancing 11:30 Yoga* 12:30 Euchre 12:45 Chair Tai Chi* 1:45 Tai Chi*	<u>Every Wednesday</u> Exercise Equipment Computer / Library Pacesetters 9:00 Balance 4 life 9:30 Fit Friends 10:00 Belly Dancing* 11:00 Wii Bowling 12:00 Pinochle 1:30 Tai Chi* 3:00 Virtual Tia Chi	<u>Every Thursday</u> Exercise Equipment Computer / Library Pacesetters 9:00 WOW* 10:15 Line Dancing 11:30 Yoga* 12:00 Nickels 12:00 Pinochle 1:30 Choga*	<u>Every Friday</u> Exercise Equipment Computer / Library Pacesetters 8:45 Choga* 9:30 Fit Friends 10:00 Manipulation 10:00 Mah Jongg 10:15 Line Dancing 10:30 Hand & Foot 11:00 Line Dancing 11:00 Wii Bowling 1:00 Bingo 1:00 Chair VB
		1 Belterra Day*  New Tai Chi*	2 New Yoga Session*	3
6	7 9:30AM Paint Class*	8	9 1:00 Tech Day* 	10 11:00 AM Presentation*
13 CENTER- CLOSED 	14 10:00 AM Movie Day* New Yoga Session*	15	16	17 11:00 AM Presentation* 1:00 PM Bingo Halloween Potluck
20	21 9:30AM Craft Class* CSFP	22	23 11:00AM Book Club* 	24 11:15AM Annual Halloween Party* 
27 9:00-9:30 AM Vaccine Clinic*	28	29 Last day to register or Belterra*	30 ANNUAL THANKSGIVING DINNER Friday Nov. 21 Make plans to join us!	31 

October 1st, Wednesday—Belterra Day— 10:00am - 10:00pm. You must be a registered senior center member & RSVP at the center each month. The last day to register for November trip is October 29th.

October 7th, Tuesday, Painting Class 9:30 AM—*Registration is required at front counter.* Cost is \$5.00. No refunds for no shows. Follow Michelle the Painter— See, Hear, Speak no Evil, Halloween pumpkin style.

October 9th, Thursday, Tech Day 1:00-2:00pm—Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Public Library will be happy to help guide you. *Registration is required at front counter.*

October 10th, Friday, Presentation Matthew Carpenter with Personal Touch Care *Registration is required at front counter.*

October 13th, Monday Senior Center Closed for Columbus Day

October 14th, Tuesday, Movie Day, 10:00am— *Register at the front counter.* This month’s movie is “Beetle Juice 2”. Starring Michael Keaton. Donation is \$1.00, includes popcorn and soft drink.

October 17th, Friday, 11:00 AM Presentation by Allison Klein regarding 2026 Medicare changes. *Registration is required at front counter.*

October 17th, Friday, 1:00 PM—BINGO Halloween Pot Luck-Bring light bites and appetizers to share!

October 21st Tuesday, Craft Class 10:00am—*Register at the front counter.* Cost is \$5 due at registration. No refunds for no shows. 2” X 4” Scarecrow with hat.

October 23rd, Thurs., 11:00AM — Book Club Discuss the current book and receive the next book to read. Light Refreshments will be served. *See Pat for Registration*

October 24th, Friday - Halloween Party. 11:15am Join us for a spooky ghoulish time! Wear your costume and be eligible to win a prize! 3 Categories: Most Original, Funniest, and Best Overall! Stay after the party to play bingo. *Registration is required by October 17th.* We will be serving Pizza courtesy of Leslie Caproni from the Barrington. Donation is \$1.00

October 27th, Monday, Flu, Covid & RSV Vaccines 9:00-9:30AM - *Registration is required at front counter.* Please provide your Medicare card and/or any other insurance cards. If Military, provide your VA Insurance card as well as a Military ID & full social security number. Vaccinations are provided by Ruwe Pharmacy.