

October

Owen County Senior Center

2025



Owen County Senior Center 118 North Main St. Owenton, KY 40359 Phone: (502) 484-3139 Hours of Operation Monday – Friday 8:30 a.m.–3:00p.m. Center Director Margina King Email: Seniordir@owencountky.us Facebook Page: Owen County Senior Center Card's, Wii, Billiards, Cornhole, Puzzles, Games, Color Therapy, TV Viewing, Walking & Exercise Equipment Available Daily!	Monday	Tuesday	Wednesday	Thursday	Friday
	All Trips must be RSVP by certain dates! Please call the center for information on the dates!	Please call the Center for more information on any events that we are having! Also, you can find information on our Facebook Page!	1 9am Coffee and Chat 11am Color Therapy 1pm Healthy Drumming w/Jennifer Beach 2pm Walking Club	2 9am Coffee and Chat 11am Picture Painting 1pm Walking Club 1:30pm Chair Yoga for Senior's DVD	3 Leaving at 9:30am for trip to Evans Apple Orchard and Cider Mill. Hayride! 
	6 9am Coffee and Chat 11am Book Club 1pm Walking Club 1:30pm Wii Bowling	7 9am Coffee and Chat 11am Dulcimer Music 1pm Walking Club 1:30pm Word Search	8 9am Coffee and Chat 11am Word Search 11:30am Bible Study w/Pstr. Hannah Hearn 1pm Walking Club 1:30pm Mexican Train/Cards	9 9am Coffee and Chat 11am The Magic of Pumpkins w/ Historical Society 1pm Walking Club 1:30pm Crafter's Club RSVP	10 9am Coffee and Chat 11am Billiards 1pm Sewing Class with Ann Cooke/Cards 2pm Walking Club
	13 9am Coffee and Chat 11am Book Club 1pm Walking Club 1:30pm Chair Yoga for Senior's DVD	Commodities 14 9am Coffee and Chat 11am Color Therapy 1pm Deer Creek Labradoodles Therapy Dogs 2pm Walking Club	15 9am Coffee and Chat 11am Group Advisory Mgt. 1pm St. Elizabeth Health Screenings 2pm Walking Club	16 9am Coffee and Chat 11am Word Search 1pm Walking Club 1:30pm Presentation on Long Term Care Facility w/Samantha Yount	17 Leaving at 10am to eat at Bob Evans and then going to Salt Lick Festival at Big Bone Lick State Park. (Trip is Booked)
	20 9am Coffee and Chat 11am Book Club 1pm Walking Club 1:30pm Health & Wellness Newsletter/Nutrition	21 9am Coffee and Chat 11am Word Search 1pm Walking Club 2pm Computer Class with David Hill and Richard Sellnow (teaching on what is a Cloud) 	22 8:30am Leaving for Fall Trip to Shakers Village in Harrodsburg Ky! We will be eating at The Trustees' Table Restaurant! 	23 9am Coffee and Chat 11am Color Therapy 1pm Three Rivers Health Dept. Health Screenings 1:30pm Walking Club	24 9am Coffee and Chat 11am 5 Second Rule (Game) 1pm Walking Club 1:30pm Karaoke/Music 5:30pm Game Night at the Center w/Angie Miller from Citizens Union Bank
	27 9am Coffee and Chat 11am Book Club 1:30pm Presentation on Safety In the Home w/Margina King	28 9am Coffee and Chat 11am Billiards 1pm Walking Club 2pm Computer Class w/David Hill	29 9am Coffee and Chat 11am Bible Study w/Margina 1pm Walking Club 1:30pm Arthritis Exercise DVD 2pm Cleaning Hour	30 9am Coffee and Chat 11am Cornhole 1pm Walking Club 1:30pm Sango BINGO w/Rita & Kayla from German American Bank	31 Leaving 10:30am to attend Fall Harvest Party! Trick or Treating 6pm-8pm! We will be giving out candy at the center!

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